

SHINING YOUR LIGHT

Magdalene Writual Retreat

8 – 10 October 2021

New Moon Weekend

Temple in the Woods
1585 Ullainee Road, Caret, Virginia 22436

Hosted by
Rev. Mialena Zachary



"The Healing Circle" by Sue Ellen Parkinson

Retreat is an act of moving back or withdrawing; a quiet period of seclusion for the purpose of personal reflection; a place at which to engage in contemplation and rejuvenation. When daily distractions are stripped away, it is much easier to hear the Voice Within. This retreat is an invitation to lean into a clarity of presence; to slow down and flow with moment-by-moment energies; and to dive into your own depths and focus on only You.

Our circle will be an intimate gathering of 4-6 women in a private house nestled on five acres of field and forest with a beaver pond and elevated patio. Please see this as an opportunity to nourish and nurture your physical, mental and spiritual Self in the company of like-minded beings; all seeking the same thing: a way to realign with Inner Wisdom.



"Salvatore Mundi" by Lisbeth Cheever-Gessamen

The weekend will offer possibilities for conscious exploration, release, discovery, connection, renewed appreciation, healing, and personal transformation.

Our shared experience will include guided meditations, small-group conversations, workshops, sacred silence, journaling, craft making, energy healing, nature walks, star gazing, and oracle readings; chances for sisterhood as well as opportunity to be alone.

\$100 deposit upon registration; balance by or before 1 Oct
QUESTIONS? Mia@PhoenixLifeMinistries.org

FRIDAY: 3 pm–10 pm
Opening Circle
Discussion: In Memory of Her
Creating Sacred Conversations
Surrendering to Your Shadows
Star Gazing



“Miriam the Prophetess” by Jo Jayson

SUNDAY: 9 am–3 pm
Silent Contemplation
The Messenger: Lectio Divina
Divining Atonement Energy
Phoenix Blessing Ceremony
Celebration of Becoming Self
Closing Circle



\$540 per person for room, board; all energy healing,
guided meditations, craft making, workshops, and group activities

QUESTIONS? Mia@PhoenixLifeMinistries.org or 540-998-2738



“Magdalene with Alabaster” by G. Owen Couch

SATURDAY: 8 am–10 pm
Morning Circle
The Messenger: Lectio Divina
Awakening to Self-Awareness
Illuminated Invocation
Resurrecting into the Light
Moon Dancing



“Miriam of Magdala” by Terese Nielsen

ACCOMODATIONS

“Serene” Room
Meals (six total)
Snacks and Beverages
Worksheets
Craft Materials
Autographed Book



“Wow, there are no words to convey my appreciation for Mia’s wisdom and for those angels who pushed her to make this retreat happen at this place and at this time. The energy flowed with ease and grace, so I was just open to all of the goodness. The scheduled quiet time was powerful! These breaks allowed me time to process the experiences. I would definitely do this again and recommend Mia’s retreat to friends.” ~ Claudette G.

“Thank you, Mia, for offering your gifts and inspiration. I’ve lost the work/life balance and have little time investing in myself. This retreat was my time for self-care, reflection, learning, and fellowship. I felt safe and surrounded by love, and I was able to achieve all of the desired outcomes. I left this Magdalene Writual retreat reminded of my spiritual grace and feeling empowered.” ~ Emilie M.

“I came for my own self-care, hoping to receive insights to my journey, and Mia’s retreat was beyond all my expectations. The meals were amazing!!! I loved making our gemstone bracelets and writing our prayers. The Blessing ceremony was so incredible! I have a deeper understanding of my own light and how it shines and is perceived by others. The only thing I would change is to add even more Reiki! This weekend has been a wonderful experience. I came to fill my cup and it is running over.” ~ Jennifer H.

“I came for the disconnection from my day-to-day and the “Seeking Your Way” retreat resonated with me because I’m always looking for ways to better myself. I’m really excited about creating my own prayers now that I understand the breakdown, and not saying the same thing over again. I really enjoyed the conversation circles, learning about Mary Magdalene, and the Great River meditation. I loved the Blessing Ceremony. This has been such a refreshing and eye-opening experience.” ~ Rashida M.